

THE CAREER MONTHLY

MAJOR & CAREER EXPLORATION EDITION

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INTRODUCTION

Welcome to the newsletter issue of *Career Monthly*, brought to you by the Kent State Trumbull's Office of Career Services.

The newsletter will provide you information, resources and tools to help guide you through your career planning journey!

Do not hesitate to reach out to the Career Services Coordinator, Tiffany Tyree, for any career related assistance. Her email is tttyree@kent.edu and the office is

located in the Student Services Building, Room #143. Find all issues of *Career Monthly* on the KSUT Career Services webpage.



MAJOR & CAREER TOOLS

FOCUS 2

- Self-assess career qualities and uncover possible career aspirations!
- Must be a current Kent State student.
- <https://www.kent.edu/career/explore-careers-majors-focus-2>

WHAT CAN I DO WITH THIS MAJOR?

- See typical career areas and types of employers that hire people with each major.
- <https://whatcanidowiththismajor.com/major/>

OCCUPATIONAL OUTLOOK HANDBOOK

- <https://www.bls.gov/ooh/>

CAREER ONE STOP

- <https://www.careeronestop.org/>

IN-DEMAND CAREERS

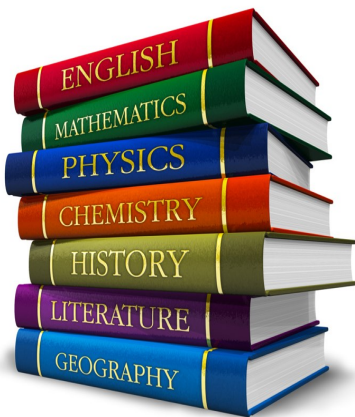
- Careers in Ohio's economy.
- <https://jobseeker.ohiomeansjobs.monster.com/ExploreIt/InDemandCareers.aspx>

CAREER APTITUDE ASSESSMENT

- <https://www.123test.com/career-test/>

O*NET INTEREST PROFILER

- <https://www.mynextmove.org/explore/ip>



POSTIVE QUOTE:

"If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough."

~ Oprah Winfrey

FIGURING OUT MAJOR & CAREER PATHS

STEPS TO TAKE

1. Take time to do some self-exploration.

Write down:

Things you love or enjoy doing.

Strengths and weaknesses.

Defining experiences in your life and how they made you feel.

What's most important to you? Values, beliefs, etc.

2. Consider taking career assessments.

Free assessments offered online:

O*Net Interest Profiler

Careeronestop Interest Assessment

Career Aptitude Test

Focus 2

3. Complete research.

Explore and get more information on various careers:

What Can I Do with This Major?

Occupational Outlook Handbook

Career One Stop

In-Demand Careers

Current Job Postings (Weekly KSUT jobs email)

Indeed.com

4. Network.

Talk and email people in a field of interest.

Sample questions to ask:

What does a typical day look like for you?

What's your favorite part about working at the company?

What skills, background, education, etc. are needed for your job position?

What does success look like for you in this position, and how do you measure it?

5. Focus on goal setting.

Write out your career goals and steps to achieve them.

How to set goals using the SMART model:

Specific- Aim for a specific, concrete area for your goal or steps.

Measurable- How much? How many? How will I know when it is accomplished?

Attainable- Goals are most attainable when steps are thought out clearly and allow enough time.

Relevant- A relevant goal is one that really matters to you and to the end result.

Timely- A goal should be grounded within a defined time period, both for clarity and to give your action urgency.

EXAMPLES OF GOALS:

- ♠ Increase professional knowledge and training. Whether taking a college class, a workshop offered by an employer, getting a certification, or other, this is a common goal. It can be useful both if you are looking for work, or are already employed.
- ♠ Have new experiences. Whether volunteering in your community or at work, joining a professional association to meet new people in your field, or introducing yourself to people you never talk with, new experiences fuel interest in your career.

NEED MORE HELP?

Reach out to Career Coordinator.

Tiffany Tyree, M.Ed., tttyree@kent.edu

DID YOU KNOW?

During your lifetime, you will produce enough saliva to fill two swimming pools.

A TI-83 calculator has six times more processing power than the computer that landed Apollo 11 on the moon.

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OFFICE OF CAREER SERVICES

The office can assist you with the following:

- ⇒ Major and Career Exploration
- ⇒ Graduate Studies
- ⇒ Resume and Cover Letter Development
- ⇒ Interview Preparation
- ⇒ Career Search Assistance and Guidance
- ⇒ Job and Internship Opportunities

CAREER RESOURCES:

KSUT Office of Career Services
<https://www.kent.edu/trumbull/career-services>

KSUT Career Cabinet
<https://tinyurl.com/KSTCareerCabinet>



TURNING KSUT MAJORS INTO JOBS

5 POSITIONS THAT ALIGN WITH COLLEGE MAJORS

BUSINESS ADMINISTRATION IN MANAGEMENT

1. Accountant
2. Financial Advisor, Officer, Analyst
3. Public Relations Specialist
4. Human Resources Manager
5. Loan Officer

COMMUNICATION STUDIES

1. Public Relations Specialist
2. Event Planner
3. Media Planner/ Manager
4. Communications Assistant
5. Business Reporter

CRIMINOLOGY & JUSTICE STUDIES

1. Corrections Officer
2. Probation Officer
3. Victim Advocate
4. Social Worker
5. Compliance Investigator

ENGLISH

1. Editor
2. Public Relations Specialist
3. Grants/Program Administrator
4. Technical/ Proposal/Copy/Grant Writer
5. Copywriter

INFORMATION TECHNOLOGY

1. Software/Web Developer
2. Software/Systems Engineer
3. Lead Programmer
4. Database Administrator
5. Systems Analyst

NURSING

1. Physician's Office Nurse
2. Nurse Manager
3. Nurse Informatics Specialist
4. Clinical Nurse Specialist
5. Quality Assurance/Improvement Coordinator

TECHNICAL AND APPLIED STUDIES

1. Software Engineer
2. Operations/Office Manager
3. Project Engineer
4. Systems Administrator
5. Project Manager

THEATRE STUDIES

1. Advertising Art Director
2. Producer
3. Lighting/Sound/Set Designer
4. Stage Manager
5. Development Director

PSYCHOLOGY

1. Case Manager
2. Human Resources Manager
3. Probation and Parole Officer
4. Child Care Worker
5. Social Services Specialist

REMEMBER:

"You alone are enough. You have nothing to prove to anybody."
~Maya Angelou